

## Presbyterian Support Northern is one of Aotearoa New Zealand's leading providers of social, health and disability services.

We have a long history supporting some of New Zealand's most vulnerable people – a legacy that dates back to 1884.

Today, our social services are made up of Lifeline, Family Works and Shine, while our health and disability services are grouped under Enliven.

We also have a strong focus on business and community development through our Communities Feeding Communities Initiative in Auckland, as well as fee-for-service training for businesses and community groups (Lifeline Connect, DVFREE, Shine RESPOND), and a private fee-paying dementia support service (EnlivenPlus).

With around 900 staff, we deliver valued services from 22 sites throughout the upper North Island from Taupō to Whangārei.

## **Our legacy**

Presbyterian Support Northern has a 139-year-long history and proud heritage of helping people. This experience enables us to tailor our services to where they are needed most.

We are independent from the Presbyterian Church, but share a common heritage founded by Auckland's first City Missioner, a ropemaker called Duncan Macpherson. Macpherson was a Scot and known for his forthright personality, exceptional energy and strong humanitarian beliefs and Christian faith.



## **Key facts**

Presbyterian Support Northern (PSN) is one of seven charitable Presbyterian Support organisations in the country and collectively we are one of New Zealand's largest social service providers.

PSN supports vulnerable people and enhances or strengthens communities. We work alongside:

- children and families who are experiencing challenges including family violence, poverty, the impact of trauma; supporting them to make positive and lasting changes in their lives.
- the aged, disabled and injured, enabling them to thrive in their homes, stay healthy and engage with their communities.
- the financially disadvantaged, showing them how to move toward financial stability through hands-on budgeting advice to help people move from debt to financial independence.
- adults and children experiencing family violence and those who perpetuate violence.
- people experiencing any kind of emotional distress including loneliness and isolation, relationship difficulties, clinical mental health issues, anxiety and depression and suicide.

Despite government funding that contributes to the cost of delivering some of our services, others like Lifeline are completely dependent on donations. We are not-for-profit, and every dollar donated helps to provide our services to New Zealand's most vulnerable people.











## Working with the local community

**Communities Feeding Communities** (CFC) is a partnership between PSN and Northern Presbytery (a region of the Presbyterian Church) with the aim to increase food security for people living in the Mt Roskill, Auckland area.

CFC provides a limited number of emergency kai parcels to locals and to people referred by support agencies. However, the team's main focus is on working with the local community to discover ways on achieving food security.

CFC comprises a community garden, allotments, a micro-food forest planted with berry and fruit trees, a kai space for emergency food parcels, a pātaka kai (community food pantry) and an interactive nature play area for children.









